

Polasaí Oideachas Caidrimh agus Gnéasachta



Feabhra 2015

Réamh Raitias

Déanadh athbhreithniú ar an bpolasaí seo i Feabhra 2015. Bhí inchur ag na múinteoirí ar fad, baill den Bord Bainistíochta, agus tuismitheoirí. Tá dualgas ar gach bunscoil polasaí a chur le chéile maidir le *OCG* agus conas a cuirtear ar fáil é do na daltaí.

Fealsúnacht na Scoile

Is scoil caitliceach sinn agus mar sin tá ár bpolasaithe go léir curtha i bhfeidhm i mbealaigh atá oiriúnach d'éiteas na scoile. Cothaítear éiteas na scoile tríd

- Bheith mothálach agus réalaióch faoi saol ár bpáistí i domhan atá i gcónaí ag athrú.
- Meas cómhalartach a bheith idir na pairtnéirí go léir in Oideachas
- Bheith Páiste lárnach
- Iarracht a dhéanamh cinntiú go néiríonn le gach páiste barr a gcumas a shroicint i ngach bealach
- Iarracht a dhéanamh ard féinmhuinín a chothú sna páistí go léir chun go mbeidh siad ábalta saol sona freagrach agus iomlán a bheith acu.

Cad é *O.C.G.*?

Déanann *O.C.G.* iarracht deiseanna a chuir ar fáil do pháistí agus do dhaoine óga foghlaim faoi ghaolta le daoine eile agus gnéasacht an duine, i mbealaigh a chabhraíonn leo smaoineamh agus gníomhú i slí mórálach, tuisceanach agus freagrach. Sa bhunscoil cabhraíonn *OCG* do pháistí foghlaim sa bhaile agus ar scoil faoin a bhforbairt féin lena gcairde agus caidreamh le daoine eile. Beidh an obair seo bunaithe ar féiniómhá maith a fhorbairt, meas dóibh féin agus daoine eile a chothú agus eolas cuí a roinnt leo.

Gaol idir O.C.G. agus O.S.P.S.

Cabhraíonn O.S.P.S. le cothú oibre na scoile trí sláinte agus dea-bhail na bpáistí agus na daoine óga a chur chun cinn. Tarlaíonn sé seo i gcomhthéacs a bhforbairt mothúcháin, mórálach, sóisialta agus spioradáltach, chomh maith lena bhforbairt intinne, fisiciúil, políticiúil, creidmheach agus cruthaitheach.

Díríonn OCG ar chaidreamh sa bhaile agus ar scoil, féin mhúinín a chinniúint, scileanna sóisialta, cinnteoireacht agus forbairt mothúcháin cuí. Tugtar eolas ar bhia shláintiúil, alcóil, drugaí, forbairt phearsanta, sábháilteacht agus freagracht sóisialta agus saincheisteanna comhshaoil.

Ar fáil faoi láthair sa scoil

Tá na cúrsaí a leanas a n-úsáid chun ár bpolasaí a chur i bhfeidhm;

- Clár Creidimh (Beo go Deo agus le chéile)
- O.S.P.S.
- An Cúrsa O.C.G.
- Bí Sábháilte
- Misneach

O.S.I.E

Beidh cúrsaí scoile á chur le cheile maidir le forbairt féin mhúinín. Go neamh fhoirmiúil beidh atmasféar tuisceanach, tacaíocht á chothú sa scoil agus beidh rialacha na Scoile á chur i bhfeidhm (Cód Iompair srl)

Aidhmeanna ár gClár O.C.G.

- Chun cabhrú le daoine óga gaolta cairdiúil agus sláintiúil a chothú
- Chun cabhrú le daoine óga dearcadh agus luachanna sláintiúil a chothú i dtaobh a ngnéasacht féin i módh mórálach, spioradálach agus sóisialta
- Chun cur le forbairt phearsanta, féin mhúinín agus dea-bhail an pháiste
- Chun eolas cruinn a chur ar fáil faoi atáirgeadh agus chun tuiscint agus meas a chothú sa pháiste faoin atáirgeadh agus faoi ghrá.

- Chun iontas a chothú sa pháiste faoin mbealach a saolaítear báibín nua agus an saol nua atá linn ansin
- Chun cabhrú leis an bpáiste bheith compórdach lena ghnéasacht féin agus daoine eile agus iad ag fás agus ag forbairt

Treoirínte maidir le bainistíocht agus eagrúchan an O.C.G. in ár scoil

Cúrsaí Curaclama

- Ábhar curaclama - Leanfar an Curaclam mar atá foilsithe ag an N.C.C.A. tríd na ranganna ó Naíonáin Shóisearacha suas go rang a sé. Beidh na h-achmhainní go léir atá in úsáid in oiriúint do pholasaí agus éiteas na scoile.
- I suíomh go bhfuil níos mó ná rang amháin le chéile, beidh an rang /na ranganna is óige tógtha amach as an rang má tá ábhair á mhúineadh nach bhfuil oiriúnach dá haois.
- Le hábhair atá sain-insneach, múinfear é do bhuachaillí leo féin agus cailíní leo féin ar dtús agus ansin pléifear é mar ghrúpa iomlán le chéile
- Nuair a úsáidtear cainteoir ón taobh amuigh, tá sé de dhíth ar an múinteoir rang a iad a chur ar an eolas faoi pholasaí na scoile, agus, fanfaidh an múinteoir sa rang i rith an cheachta i gcónaí.

Cúrsaí Eagraíochta

- Má tá páistí ann nach bhfuil tuistí sásta go ndéanfadh siad píosáí áirithe den cúrsa, glacfar leo i seomra ranga eile. Moltar go mbeadh O.C.G. á mhúineadh ag deireadh an lae sa chás seo chun seans a thabhairt don tuismitheoir an páiste a thógáil abhaile go luath (i dtreo is nach mbeadh aird na bpáistí dírithe air/uirthi)
- I dtaobh ábhar faoi rún atá pléite sa rang, ní féidir leis an scoil aon fhreagracht a ghlacadh faoin mbealach a pléitear é taobh amuigh den suíomh seo. Tá sé de cheart ag aon mhúinteoir gan na hábhair goilliúnach gnéasach O.C.G. a mhúineadh. Luíonn freagracht leis an mBord Bainistíochta cinntiú go mbeidh an t-ábhar múinte do na páistí ag múinteoir eile nó ag cuairteoir.
- Tugtar cuireadh do thuismitheoirí féachaint ar an gcuraclam agus tá fáilte rompu labhairt leis an múinteoir ranga má tá imní orthu faoi. Tugtar an polasaí OCG nuair a chláraítear an pháiste
- Sa scoil seo feictear tuismitheoirí na bpáistí mar phríomh oideachasóirí a bpáistí agus tá an scoil ag obair i ról tacaíochta.
- Aithnítear go bhfuil sé de cheart ag tuismitheoir páiste a bhaint amach as rang O.C.G. ar leith ar an tuiscint go bhfuil an tuismitheoir sin iomlán freagrach as an toipic seo a mhúineadh don páiste iad féin. Tá cúram ar an tuismitheoir an

cinneadh seo a chur i scríbhinn chuig na scoile. Tugfar eolas don tuismitheoir maidir le tópaic agus téama na céachtanna.

Teanga

Tá sé an-tábhachtach go bhfuil cumas ar na páistí an teanga ceart/cuí a úsáid chun cumarsáid éifeachtach a dhéanamh fúthu féin, faoin a ngnéasacht agus faoina gcaidrimh. Is mí-bhuntaíste é don páiste gan na téarmaí bitheolaíochtaí a bheith ar eolas acu. Tabharfaimid an teanga ceart agus cuí dos na páistí mar atá leagtha amach sna ábhair acmhainní.

- Naíonán bheaga: broinn, cothú cíche
- Naíonán mhóra: péineas, pit.
- Rang a haon: tagann fual amach tríd an bpéineas I mbuachaillí agus tríd an t-úiréadra i gcailíní. Páiste sa bhroinn ar feadh naoi mhí. Dul siar ar téarmaí Naíonáin.
- Rang a dó: péineas, úiréadra, pit, imleacán, cíoch
- Rang 3/4: céimeanna forbartha den bhabaí daonna , sreang imleacáin, imleacán
- Rang 5: caitheachas, athrú fisiciúil I gcailíní agus buachaillí, atáirgeadh
- Rang 6: caidreamh collaí I gcaidreamh grámhar.

Ag deileáil le ceisteanna

Freagrófar aon cheisteanna atá clúdaithe sa churaclam don aois grúpa atá i gceist. Ní bheidh na toipicí a leanas á phlé; Ginmhilleadh, féinruailliú, hómaighnéasacht, frithghiniúint. Is féidir ceisteanna a chur ar an múinteoir ó bheal nó ar pháipéar sa rang agus freagrófar iad taobh istigh de theorainn na curaclama agus an polasaí seo. Má cuirtear ceisteanna nach bhfuil oiriúnach iarrfaidh an múinteoir ar an bpáiste an cheist a chur ar a thuismitheoirí. Ní féidir leis an scoil freagracht rúin a ghlacadh má chuireann páiste ceist phearsanta nó má insíonn said eolas phearsanta fúthu féin. Nuair atá nochtadh/féin oscailt ó pháiste de mhí-úsáid, nó má tá múinteoir buartha faoi pháiste, leanfaidh an scoil ár bpolasaí ar chaomhnú páistí. Is í an phríomhoide ár duine caidrimh ainmnithe. (DCA)

Conradh/ BunRialacha

- Meas do chách
- Tá cead gáire- ach níl cead bheith ag gáire faoi éinne
- Ní ceadaítear ceisteanna phearsanta

- Níl cead daoine a ainmiú nó níl cead labhairt faoi daoine eile i rith na ceachtanna
- Is féidir ábhar na ceachtanna a phlé le Mamaí agus Daidí, ach níl cead é a phlé le héinne níos óige nó éinne nach bhfuil sa rang inniu
- Geallúint faoi cheisteanna agus rúndaíocht

Soláthar do thacaíocht leanúnach

Cuireadh tugtha do thuistí teacht chun an curaclam a fheiceáil agus seans tugtha dóibh teacht chuig cruinniú eolais oíche

Teagmháil rialta le tuistí roimh múineadh ceacht le toipic mothálach ann i bhfoirm cóip den leathanach nasc-baile sa leabhar *O.C.G.*

Cuirfear tuismitheoirí ar an eolas faoin leabhrán "Going forward together" atá le fáil ar líne, chomh maith le 'Busy Bodies' agus 'Bí Sábháilte' sular múinfear na céachtanna.

Beidh deiseanna ag na múinteoirí cúrsaí a dhéanamh ar na téamaí thuas.

Cuireadh faoi bhráid an bhoird an polasaí seo ar an _____. Déanfar athbreithniú air gach trí bliana.

Relationship and Sexuality Education (RSE)



February 2015

Introductory Statement

This policy was revised in February 2015. It was developed by the R.S.E. Committee which consisted of teachers, members of the Board of Management, and parents. Every Primary school has an obligation to provide a policy statement for R.S.E. and how it is provided in school for the children.

School Philosophy

We are a catholic school, therefore all our policies are implemented in keeping with the school ethos.

- The school ethos is preserved by being sensitive to the reality of our children's lives in a changing world.
- Having mutual respect between all partners in education
- Being child centred
- Aiming to ensure each child reaches full potential in the holistic sense
- Hopes that children are equipped with high self-esteem to enable them to go to live happy and fulfilled lives.

Definition of R.S.E.

R.S.E. aims to provide opportunities for children and young people to learn about relationships and sexuality in ways that help them think and act in a moral, caring and responsible way. At primary level RSE aims to help children learn at home and in school about their own development about their friendships and relationships with others. This work will be based on developing a good self image, promoting respect for themselves and others and providing them with appropriate information.

Relationship of R.S.E. to S.P.H.E.

Social, Personal and Health Education contributes to developing the work of the school in promoting the health and well-being of children and young people. This happens in the context of their emotional, moral, social and spiritual growth, as well as their intellectual, physical, political, religious and creative development. SPHE explores issues

such as relationships both at home and in school, building self esteem, communication skills, decision making and appropriate expression of feelings. It includes information on healthy eating, alcohol, drugs, personal development, safety and social responsibility and environmental issues.

Current School Provision

We provide the following courses to implement our policy;

- The religion programmes (Beo go Deo & Le chéile)
- S.P.H.E.
- The R.S.E. Programme
- Stay Safe Programme
- Walk Tall Programme

S.E.S.E Programme

School programmes will be put in place to promote self confidence. Informally an understanding supportive climate will be encouraged in the school and the School rules will be enforced (as in the Behaviour Code)

Aims of our R.S.E. Programme

- To help young people develop healthy friendships and relationships
- To enable young people to develop healthy attitudes and values towards their sexuality in a moral, spiritual and social framework
- To enhance the personal development, self-esteem and wellbeing of the child
- To promote knowledge of and enable the child to acquire an understanding of and respect for human love and reproduction.
- To develop and promote in the child a sense of wonder and awe at the process of birth and new life
- To enable the child to be comfortable with the sexuality of oneself and others while growing and developing

Guidelines for the Management and Organisation of R.S.E. in our school Curricular Matters

Curriculum Content

- The Curriculum as published by the N.C.C.A. will be followed through the classes from Naíonáin Shóisearacha to Rang a sé. All resources used will be in keeping with the ethos of the school and this policy.
- In a multi class situation, the younger class/classes will be withdrawn when topics being taught are not age-appropriate.
- With gender specific topics (menstruation), the boys and girls will be taught in a single sex environment initially, and then it will be discussed with the united class.
- When an outside speaker is used, the class teacher is responsible for making them aware of school policy and that teacher will always sit in during the lesson.

Organisational matters

- If there are children whose parents wish them withdrawn for the sexually sensitive topics, they will be accommodated in another teacher's classroom. We recommend in this case that R.S.E. be taught last thing in the day to give the parent a chance to withdraw the child on some other pretext (so as not to draw attention to them)
- With regard to matters of a confidential nature managed, the school cannot take any responsibility for what is discussed in the yard or the classroom.
- Any teacher has the right to opt-out from teaching the sexually sensitive issues in R.S.E. It is the Responsibility of the BOM to ensure that the curriculum will be taught to the children by another teacher or a guest speaker.
- Parents are invited to view the curriculum and may speak to the class teacher if they have any concerns. On enrolment, parents will be provided with the schools R.S.E. policy .
- In this school, the parents are acknowledged as primary educators of their children and the school will work in a supportive role.
- It is recognised that a parent has the right to withdraw a child from an R.S.E. specific class on the understanding that the parent is taking full responsibility for this aspect of education themselves. It is the parent's responsibility to inform the school of this decision in writing. Notice will be given to parents outlining the contents of each topic/theme.

Language

The acquisition of appropriate language in R.S.E is crucially important to enable children to communicate confidently about themselves, their sexuality and their relationships. Not being familiar with the biological terms of the body can put children at a

disadvantage. We will give the children the correct and appropriate language as outlined in the RSE materials.

- Junior infants: womb, breast feeding.
- Senior infants: penis, vagina.
- 1st class: urine passes through a boys penis and a girl's urethra. Baby is in the womb for nine months and may be breast or bottle fed. Revision of infant terminology
- 2nd class: penis and urethra, vagina, navel, breast.
- 3rd/4th class: developing foetus, umbilical cord, navel.
- 5th class: puberty, physical changes in boys and girls, reproduction.
- 6th class: sexual intercourse in the context of a loving committed relationship.

Dealing with questions

All questions within the parameters of the curriculum will be answered. The following topics will not be discussed; Abortion, masturbation, homosexuality, contraception. Questions within the class may be oral or written and will be answered within the bounds of the curriculum and this policy. If inappropriate personal questions are asked the teacher will refer the child to his/her parents. The school cannot guarantee confidentiality if a child asks a question of a personal nature to themselves or discloses personal information. Where there is disclosure by a child of abuse, or a teacher has any concerns about a child, the school authorities will follow our Child Protection Policy. The Principal is our Designated Liaison Person.

Contract/Ground Rules

- Respect for all
- Laughter is allowed- no laughing at anyone or no personal questions
- We don't name or talk about other people during the teaching of these lessons
- Discuss all content with Mammy or Daddy, but not with anyone younger or not present here today
- Promise re confidentiality and questions asked in class

Provision for ongoing support

- Parents invited to view curriculum and attend an information evening
- Regular contact with parents prior to teaching of lesson "sensitive issues" in the form of Home/school link page accompanying such lessons in the R.S.E.
- Parents will be directed to the online resource books "Going forward together", 'Busy Bodies' & 'Stay Safe' before the lessons are due to be taught.
- Our teachers have access to in-career development opportunities.

This policy was ratified by the Board of Management on _____. It will be reviewed every 3 years.